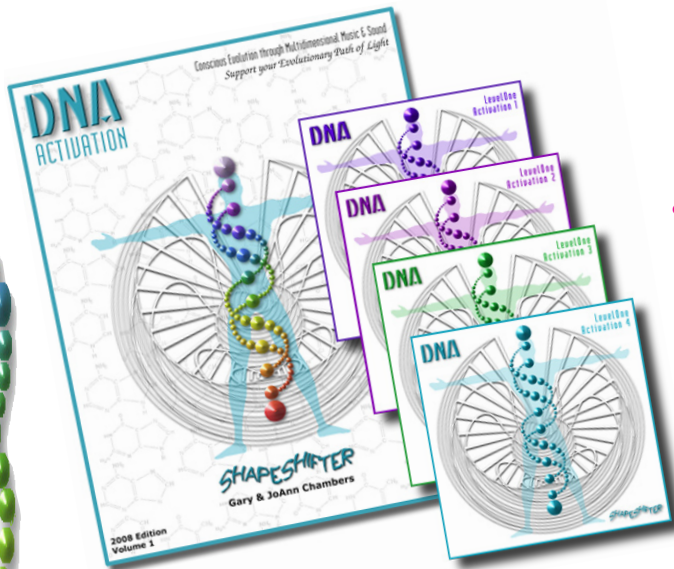


Activate Your DNA

Using Multidimensional Sound & Music
to Awaken your Unlimited Human Potentials

*The Next Evolution of
Sound Healing is using
Multidimensional Sound to
transform a dense physical
carbon-based 3D body into
a 5th dimensional Body of Light*



Activate the process of recoding/restranding your multi-Strand DNA Matrix
Consistently Accelerate your Evolutionary Path of Light
Balance your Bio-energetic Field/Chakra System
Enhance your Connections to Higher Sources of Guidance & Wisdom
Increase your Light Quotient
Awaken your Intuitive/Empathic/Psychic Abilities
Prepare your energetic bodies to assimilate higher frequencies of Light
Ground your Unlimited Potentials into tangible Manifestations & Abundance
Align with 5th World/Heaven on Earth Templates in increasing stages
of Harmony with the 2012 Frequencies
and more....

*DNA is a bridge between Matter and the Divine.
It is the gateway through which
Spirit emerges into form.
It is a multi-dimension portal to the
superluminal field of the 12 dimensions and beyond.*

SHAPESHIFTER

What does it mean to Activate my DNA?

Activating your DNA is about awakening dormant potentials and tapping into the multidimensional aspects of our human self that have been asleep, waiting for the right codes to unlock the doors. This is art, intent and wondrous exploration of the highest order. It is fully actualized through the profound embrace of heartfelt feeling and a lifelong commitment to the Sacred Path. It is about fully becoming a spiritual being of Light embodying a human form. The "activation" of this stored information is a necessary and pivotal initiation to release and integrate the Divine Gnosis of what you truly are. This is one of the most important and necessary steps to awaken and tangibly actualize your soul purpose and your bliss.

There are many techniques and schools of thought on how to activate the DNA — from words, visualizations and affirmations to formulas and constructs. No matter which approach or technique you choose to follow, including ours, the genuine process requires resolve that eventually becomes impeccable intent in your day to day encounters with the world around you. **The adventure becomes a vision quest and a shamanic journey that opens the path of your True Becoming.** It is neither transient, trivial or a fad. The genuine process, however you arrive there, requires engagement of the Self, building in stages of integration to a profound connection and communion with the multidimensional energy that is Life itself.

The process of activating your multi-strand DNA may require a letting go and shedding of outmoded beliefs and energies, of relationships and jobs that are not in alignment with your true bliss, in fact anything that does not bring you fulfillment and connection to your unique gifts and your Truth. This path takes time for changes to unfold in alignment with your Higher Blueprint. We cannot tell you what your evolving Truth is, or what you should ultimately do with it — for IT is unique for everyone.

We can tell you that whether you choose to engage or not in the process of your becoming, you are connected to all sentient life, dimensions and energy on this Planet. As this being that many call GAIA goes through her initiation, so do you. Wisdom — the wisdom of not just the mind but of the Soul, the wisdom of heartfelt feeling and full body knowingness; shares with you that the only way though this time of the Global

exposure and integration of the Shadow is to do what you came here to do — **DO WHAT YOU CAME HERE TO DO.** Anyone who is living in the projections of the imagination alone will learn that they must now embrace the Work of Self Alchemy until it merges into Joyous Play; that resistance to the process of becoming only feeds the downward spiral. Each that chooses to emerge and unfold like a Shining Lotus from the planetary darkness, each one that stays the course and plugs more Light into the planetary grid,

that shares more Love, more feeling, and more possibilities by living their visions as a shining example to others, activate not only their DNA (Divine Numinous

Archtypes) but the oversoul DNA connection of the planet itself.

From our enhanced perspective, anyone who is waiting for the aliens to save them or some spiritual master or masters to take their pain away through some gift or state of grace, are buying into an illusion. We as an evolving species on this beautiful planet, no longer have the time for these childhood games. It is time for us as a species to collectively grow up. We say this again and will say it as many times as is necessary — this Global Initiation requires your active participation. Wake Up — Engage. **YOU are that which you have been waiting for.** When you reach out with sincere intent and take action, give of yourselves through smiles, through the shining emergence of that which is truly You, through action, through support to spiritual resources that nourish you, you begin to merge and co-create with higher principles. You participate in the creation building the foundations of an open, abundant, free and just society; a wondrous place to grow into and Become, a merging of the inner and outer in which Nature reveals her most sacred secrets and gifts. The forging of the Grail of Light, the emergence of Heaven On Earth as we walk in the 5th dimensional realms of being.

What is of more importance than that? In that

Our intent is to unlock and activate the codex within the DNA through sound and vibration.

Light, any procrastination, excuses and wishful thinking fades into insignificance. In what kind of Now do you live, breathe, and have your

being? What is the most open potential future that you can envision, and how, through your actions, is the energy of these higher visions flowing and cascading into the zero point connection that is your Now? How much will you truly allow this energy to change your Life? True mastery always begins with Self — the self of flesh and bone, of blood and sinew,

DNA
Pronunciation: "dE-"en-"A Function: *noun*
: any of various nucleic acids that are usually the molecular basis of heredity, are localized especially in cell nuclei, and are constructed of a double helix held together by hydrogen bonds between purine and pyrimidine bases which project inward from two chains containing alternate links of deoxyribose and phosphate called also *deoxyribonucleic acid*;
Source: Merriam-Webster Medical Dictionary, © 2002 Merriam-Webster, Inc.

of form and function, of mind and spirit. **Honor you Body Temple, for it is your gateway to the Stars.**

We give you genuine tools of sound, of Music, the Universal language and communion. We give you a transmission from a genuine, open and sincere source whose lineage spans time, dimensions and planetary and galactic systems. We are required, through Love and Honor, to share further dimensions of You, with You, in a responsible and "real" manner, so that you may integrate the energies and utilize them efficiently in your day to day existence. Thus the majesty of what our musical offerings convey may sometimes be cloaked in subtlety. This is part of a grand design to invite you to go deeper to extract the nectar of what the music really contains — a deeper reflection of the highest and best of You. Active participation is necessary to utilize the Keys and activate the potentials. When you THINK you have it, you have only just begun. When you truly FEEL it, the genuine adventure is underway. Engage.

The DNA Activation LevelOne soundscapes and all our musical offerings are the foundation — not the ultimate reflection of transcendent experience. We give you that which you require in proper timing. They contain vast dimensions of experience, however, they simply lay the groundwork for what is to come.

More is on the way. The DNA L2 soundscapes will be ready for you as you step up to actualize your higher purpose. Utilize what you have already been given to the fullest extent possible. Be true to Yourselves. BECOME.

Consider this from a 3D scientific perspective first.....

In the wondrous body human, the "double serpent" DNA strands within the nucleus of each cell, if stretched end to end, would be over 125 billion miles long. This biotechnology contains over a hundred trillion times as much information as our most sophisticated storage devices. DNA is composed of a hyper sophisticated language within the 2 genomes and their backup copies contained in each human cell. Within the genomes, the dual ribbon DNA winds around itself forming 23 chromosomes in two pairs. The total genetic information, within these structures, is a sequence of over 6 billion base pairs or 12 billion "letters." The code for the proteins and enzymes, the genes, represents roughly only 3 percent of the mapped human genome. The function of the remaining 97% is as yet unknown to conventional science (although they are working on it now). We believe that the repeat sequences of this 97%

contains coded information to evolve the energetic structure of the body human, spirit in form. **It is our sincere intent to activate this dormant information through the higher vibrational energy of sound & music.....to "Modulate The Lifewave."**

Then consider this from the metaphysical perspective.....

Our human form, that which exists in the 3D realms of known space that we collectively call reality, is only a small portion of who we are. A larger, more powerful aspect of our being in human form is that we also exist simultaneously in a multidimensional Universe of Light. Our scientific community is steadily moving towards confirming that which the evolving consciousness has acknowledged for millennia, that we are made up of varying degrees of frequencies and that everything is in continuous motion all of

the time. Matter only seems solid from the perspective from which we are viewing it. But when seen with microscopic vision, there is a constant dance of energy. And so as we view this reality from going inward to the cellular level, the place where our DNA is found, using the theory of "as above,

Certain resonant frequencies have profound effects on the codes within the DNA, keys that have been waiting for thousands, perhaps millions of years for the right evolutionary sequence to be activated.

so below," we can reverse this movement and move outward into space to ultimately experience the same thing. Your DNA is a receiver, a transmitter and the Grail that holds the Living Light and information of all the myriad dimensions that you are and are connected to.

How do these soundscapes activate my DNA?

Music, sound, modulation, harmonics and vibration are fundamental elements emanating "beyond" and through the core level subatomic of this level of reality. **We are energy beings composed of various frequencies that mesh together to form the matter that we call the human body.** A much larger part of who we are exists in the non-visible, etheric realm of energy. What we know to exist in the realm of 3D reality also exists in higher octaves of Light. These interpenetrating layers from the physical to the etheric and beyond reach out into the Universal Oneness and connect us to All That Is. These DNA soundscapes were created with the intent to connect these worlds into one multidimensional experience, to create a smooth, seamless transition from one to the other — to build the frequency maps within this

vast multidimensional territory we call consciousness. **Through the process of creating harmonic resonance between the music and the cells of your bio-energetic matrix, a unified field of Light is established.** Once there is harmony, the key factor in the equation becomes your sincere intent to utilize this energetic resource to initiate Unity Consciousness, thereby moving you towards the process of choosing to consciously evolve at a more accelerated pace.

As we evolve as a species, we gradually increase our Light Quotient to be able to exist within the more rarefied dimensional realms of reality. We currently have a 2-strand DNA manifesting in 3D level reality, the additional 10+ strand dimensional states that we are working towards activating, exist as interpenetrating overlays in the more subtle realms of vibration and frequency. **Beginning with this LevelOne series, we are activating first level evolutionary codes within the 2-strand DNA, which creates the base resonance for the additional 10 strands and beyond to become active once the stable foundation has been attained.** This is the place to start. The process of activating the DNA is one that requires patience, perseverance and a commitment to maintain focus and balance in 3D reality, while simultaneously expanding your consciousness further out to hold higher and higher frequencies of Light. The soundscapes provide the energetic waves for you to surf upon with your consciousness which will take you gradually through this evolutionary progression.

Your DNA accumulates all data and sorts it and catalogs it constantly. It is your personal connection to what has been termed the Akashic Records, containing all data from all of your incarnations, on-world and off-world. It contains links and data to the Matrix of information and conscious experience shared by all sentient life throughout the harmonic Universes — past, present and probable futures. Through sounds/modulations/harmonics, we initiate a contact first with the 2-strand DNA that exists in 3D. From this point, by establishing a progressive pattern of sympathetic resonance, we begin the process of activating what has been termed the 3rd, 4th, 5th, 6th, 7th, 8th, 9th, 10th, 11th and 12th strands of our DNA — we build a frequency map of these dimensional qualities or states. It is like waking up and re-energizing a part of yourself

that has always existed, but has been asleep for a very long time. Our soundscapes oscillate through the spectrum of manifestation, from the two strands through the etheric harmonic overlays encompassing the entire 12 dimensional matrix and beyond that as you are able to engage. Eventually, it is our belief that a third physical strand may manifest in tangible 3D, if and when this stage of the process is complete.

This “recovery” of the 3 physical strand template will complete the synergy in Matter at the time of Spirit’s choosing.

For now, we are concerned with the practical matters and results of a more expansive 2 strand enlightenment in your current life expressions in 3D. Once you become infused with this new energy, you begin to and talk differently. You take on

act, think new meanings to your life, that you really can rejuvenate, experiencing vibrant health and that you can accomplish any of the dreams that you desire because the manifestation process of learning how to be in harmonious co-creation with the energy dynamic that is the world of matter becomes so much more clear to you. Now the actualization of these insights will ground into form — bit by precious bit — as you are willing to let go of that which no longer serves you and act in the honoring of the New. **The path of higher evolution is to ask to be shown the more expansive aspects of your being and your connection to the collective consciousness of the planet and All That Is.** As your vibratory field expands and stabilizes, you will synchronistically attract what you need to do your chosen work. The limitation of time and space will no longer hold the same meaning for you as barriers begin to dissolve, which allows you to expand your realm of possibilities tenfold. Understand that

all the processes and spiritual growth work you have done thus far, all of them support your DNA Activation process. What you need now is simply to become much more deeply aware of these currents of energy. The DNA Activation

LevelOne soundscapes are an empowering tool and a first level initiation into a vast realm of new possibilities that can begin to manifest — if you so choose. They will assist you to begin to put all the pieces together of your personal puzzle, seamlessly, and will allow you to see a more expansive overview of the cloaked areas now coming to Light of the true

The music creates a coherent, multidimensional wave of energy that harmonizes your environment, which you can ingest into your Light Body, your cellular memory and your DNA.

These soundscapes oscillate through the spectrum of manifestation, from the two strands through the etheric harmonic overlays that some have semantically termed the other strands.

multidimensional nature, flowing wonder and Art of the Game itself. The DNA L2 soundscapes accelerate your work on the Planet once you align with your true path & purpose.

Who created this music and how is it done?

Gary & JoAnn Chambers are the channels for this work to come forth and have incarnated many times together to share teachings via multidimensional sound during key evolutionary cycles. There is a more extensive PDF bio available for them upon request. Gary is a composer/master sound designer/keyboard synthesist and JoAnn is a graphic artist/vibrational healer. They create under the name of Shapeshifter, which was given to represent the multidimensional expression of the many facets of this work that they are here to bring through. They are shamanic travelers, intuitives and creatives walking a dedicated path of Light. The name reflects the process of shape-shifting the current human form into a more evolved expression, as well as literally taking various shapes of sound and shifting them into a frequency that activates the DNA codex.

The first DNA activation soundscape began coming through Gary starting in 1986, followed by 14 years of research in private practice before releasing these recordings to the public in 2000. Shapeshifter built a sound and light energy enhancement environment in 1989 called The Odyssey to explore this work further and have done sessions with thousands of people over the years. Using their clairvoyant/audient/sentient abilities, they have been able to verify the shifts and changes in their clients lives with consistently positive results.

Shapeshifter is composed of old souls who have worked with sound concepts for many lifetimes. Their incarnational influences are from early tribal, Atlantean, Egyptian/Roman, East Indian blended with advanced alien and interdimensional information. To understand how this collective knowledge assists in this process, let's look at it from one example taken from our current historical timeline. Shapeshifter emanates from the same general musical lineage transmissions as that of Bach, Beethoven and Mozart and was also incarnate

during the 17th/18th century as composers. These composers were receiving music that was considered evolutionary during its time, although of course, structured in such a way that it would and could impact and be accepted into the prevailing consciousness of that period. This is but one example to hint at a relevant connection. In truth, initiatory currents can be tracked throughout history in various periods of reception and the resulting artistic expression of this multi-faceted Muse goads the species forward in many ways. And so, at this important juncture on the planet, new sounds and concepts in music are emerging, because it is time for us to take a shift in our collective evolution. Music is the Universal Language that guides our souls to seek something more from the world in which we live, to see beyond ordinary reality. When these renaissance composers were creating the classical genre of music, there were no tools available to analyze why they were having an effect on the listeners, only that there was an effect (now called the Mozart Effect by some). We now have technology that can chart and measure the

effects their music has on the human physiology via bio-feedback systems and many studies exist showing scientific proof of such basic principles.

Now ask yourself what if these composers were to reincarnate dur-

ing this time period if they would still want to create classical music again. As with all artists, seeking an ever greater expression from their connection with Source, they would seek to evolve their works within the time period in which they found themselves. So it is with Shapeshifter, deciding during this incarnation that computers and synthesizers were the next evolution of sound design and musical creation. Enabling the command of entire multi-faceted soundscapes at their fingertips, this technology allowed them to manifest these musical visions in the exponentially increased energy and flow of current life on Planet Earth. A deeper reflection of Music of the Spheres is now able to be reproduced via today's music technology. A reflection that becomes flow, and in so doing sheds outmoded rules and structures.....a reflection of emerging

Quanta and starseed potential. In years to come, when the linear diagnostic technology has evolved beyond its collective belief and form, this music too will be analyzed and measured to determine just what it is doing to the human bio-energetic matrix. Perhaps by then it will not matter ;-). The concept of using

As your encoded information is released, it will flood the cells with vital energy, raising the vibration of the physical, the energy body and beyond.

One might conclude that human languages are a reflections within the pattern of the DNA codex..

sound to activate the DNA codex was known in ancient history and has been suppressed/lost due to the energetic seals placed upon, and disassembly of, our DNA strands by various influences. It is now time for this information to resurface and Shapeshifter is one of the flameholders who will lead the new renaissance of music forward in this new millennium.

As part of Shapeshifter's galactic mission, this collective energy emerges during key evolutionary cycles in a planet's timeline to inject higher frequencies, thereby allowing those with consciously developed sense perceptions/ESP awakening to this information, a tangible form to reconnect with in order to anchor in their Divine aspects.....to Ground the Light.

As the symbolic hundredth monkey approaches the next gateway, a new level of sounds is being released into the Planetary Grid. Shapeshifter prepares and waits for these transmissions and surfs the Wave through their computer/synthesizers matrix. As they receive this palate of raw sounds, they are then guided to translate them into a musical soundscape so that an aware and open listener can experience repeatedly without feeling a loss of sustenance, or reaching a state of boredom or repetition. We submit that this alone, may be an indicator to you of the Divine inspiration and nature of these offerings. **This entire process is done in states of deep meditation and connection with the Source of ALL.** Once the soundscapes were ready to be channeled forth, with the sound palate complete, the final transmission of the DNA LevelOne series were received in a series of real-time events, in one pass with no additional tracks or over/under dubs added. The soundscapes may seem simple or complex, rhythmic or ambient, alien or divine. **They are the soundtrack of your multidimensional selves, a reflection and celebration of You, a gift from the deepest levels of who You are, what you require at this stage in Your becoming.**

How will I know it is Activating my DNA?

The validation that you, the explorer, will receive from the energy on these sound-scapes will be in the positive effects and gifts that you allow yourself to experience and integrate into your life. You will come to understand that sound and frequency are a most important aspect of the food that feeds your body temple. The sacred use of these frequencies have been withheld from you by the self-styled Alpha's of the planet, to impede your evolution. It is time to reclaim your Power and shine your brightest Light on the planet. We now, as the system busting

resource that we are, with the greatest honor and respect, recover this energy for your illumination and potential transcendence. As you have developed a hunger for food to nourish the physical body, you will begin to develop a hunger for higher octaves of sound that nourishes you energetically, providing much needed sustenance to feed your etheric bodies, your Body of Light.

*All languages emerged
from transmissions from
the DNA itself to further
direct w/o mankind's evolution
at certain points on
the timestream.*

Certain resonant frequencies have profound effects on the codes within the DNA, keys that have been waiting for thousands, perhaps millions of years for the right evolutionary sequence to be activated. As a tuning fork

generates waves in the air creating a certain pitched sound, current synthesizer technology if utilized with awareness, is able to create a full-range harmonic spectrum that Modulates the Lifewave and activates the codes. **Our sincere intent is to assist in raising the vibration of the physical to a more expanded level, reaching the full potential of spirit manifest in matter.** The sonic key will fit the lock; the veils will be lifted. As the encoded information is released it will flood the cells with vital energy, empowering the vibration of the physical, the energy bodies and beyond. You will sense this happening as you begin to listen and to merge with these soundscapes. The more sensitive and aware you are to subtle energy fields, the more you will know this to be true.

Resonance leads to an implicate higher order. Instead of repairing something that is dis-eased, our approach is to simply invoke this higher blueprint — a more expansive state of spontaneous regeneration. The LevelOne soundscapes begin to prepare you for the more profound stages of individual and collective evolution yet to be revealed. To integrate the true energy of transformation, you must fully embrace that which you are. The DNA L2 soundscapes align you with the blueprint of your incarnational directives so that you can carry out the work you came here to accomplish in this lifetime.

Because you each have free will, you always have the choice of how deep you immerse yourself (by this we refer to the aware personality matrix), into the vibrational space we have created. We are activating a higher level, more integrated energy field not only within your inner being but also in your outer environment as well — into your living space, your place of work — wherever these soundscapes are played. Consider the positive implications of freely acting upon this information. **Harmony, expansion and an increased quotient of Light will uplift your vibration and therefore through resonance, the vibra-**

tion of those around you and your interaction with the world will move into higher states of flow. New opportunities will manifest in more attunement to your heart's desires. Synchronistic events will emerge in your ongoing Vision Quest and you will initiate a life full of wonder and magic each day.

You must make the inner decision to lovingly immerse yourself and trust in the process because you wish to move forward, to transcend inertia, to grow, evolve, whatever you term it. Belief is a powerful key, as it is in all things. We create a pool, a reservoir of energy attuned to the common ground of a shared planetary vibration; you use it in a positive manner how you will.

What can I expect to experience from working with the soundscapes?

While every person will have a different experience when using these soundscapes, we have found that there is some common ground. There is an immediate awareness that the sounds are new and unusual to the ear, perhaps the thought will emerge that this is not music as you know music to be. Along with this awareness comes a sense of deep resonance and a feeling of "coming home." If you can understand that these sounds emanate from a vibrational realm that is very deeply connected to The Source of All That Is, then this awareness of going home will make more sense to you. It is important to move past any preconceived notion of what the music should sound like. Some sound patterns may even, at first, evoke unpleasant or uncomfortable feelings. The music will reflect aspects of yourself where energy is stuck and further work will need to be done by you to move it forward and release the next level of the codes. **These are evolutionary sounds and they are meant to move energy, not just maintain a baseline status quo.**

We have listed some effects and benefits that people have reported while listening to these soundscapes. These are important and significant gifts for those who are ready. They will not do anything for you without your active engagement and heartfelt continued participation in the unfolding process. This work is experimental for those with a sense of adventure to partake. These statements are not scientifically validated, just shared observations from those who are working with the music.

- More relaxed and less stressed
- Achieving restful, deeper sleep
- Happier, more consistent states of Joy
- Enhanced dream activity and more lucid dreams
- Deeper meditations, able to hold higher states longer
- Increased ESP/psychic abilities and intuitive awareness expands
- New levels of creative expression emerge

- Consciousness becomes more fluid and open — in flow
- Wake up more refreshed and renewed
- Activates and increases clairvoyant/clairaudient/clairsentient abilities
- Physical Rejuvenation processes initiated
- Healing potential on a deeper level may actualize depending on openness and receptivity
- Stronger connection to various forms of divine intelligence
- More synchronistic events
- Chakras balanced, more centered
- Increase manifestation abilities
- Moving through blocks/habits/addictions easier
- More attuned to subtle energy fields
- Increase in remote perceptions
- Easier to maintain healthy diet
- Children & pets respond by being more calm and relaxed
- Deeper understanding of sound and frequency via music
- Greater sense of non-attachment to life's dramas
- More response oriented, less reactive
- Keen sense of connection with various animals and nature and elemental realms

We are proposing that you consider a new way of viewing your reality as a multidimensional consciousness within matter and redirect your intent so that DNA Activation becomes a main theme of your spiritual growth work. This orientation will bring all aspects of your explorations into a seamless tapestry that becomes the full potential of what you are. When combined with any other teachings that you have strong resonance with, deeper connections can be made to enhance your understanding of the more intricate levels within them. The music itself is a mystery school of vast proportions, but you are the one who directs the flows of information based on your areas of interest. When you initiate conscious communication with your DNA, the core level organizational matrix of your being, multiple dimensions of depth and meaning will unfold in everything that you experience.

Another very common experience, each time you listen is that you become aware of new sounds and patterns. You will find even after years of listening, this will continue to be so. The soundscapes are composed multidimensionally so that they actually seem to release new frequencies/sounds as you evolve and increase your Light Quotient. This is because your vibrational pattern is changing and shifting as you evolve, so the things that you focus on will be different and the multidimensional mirror of vibrational content contained within the music will reveal new facets for your enlightenment and exploration. Your clairaudient abilities are increasing. It responds to you

the more you interact with it. **Think of them as an organic tangible form that you engage with as you would any teacher or therapist.**

When you are ready to move into the DNA L2 soundscapes, you will have been through a great deal of integration work using the LevelOne soundscapes as well as the other teachings you have been engaging with. **The DNA L2 is an accelerated program for those who are truly ready to walk their path with full dedication to the work they came here to do.** This will mean that one has cleared out the density or heaviness in their world and are ready to move their entire life and being to a higher vibrational state. You will already be living in a 5th World/Heaven on Earth reality most of the time, while still holding a solid focus in your 3rd dimensional world grounding your work to the planetary grid. Review the DNA L2 program information on the website for more details.

How do I listen to the soundscapes?

It is important to make your listening space as positive and uplifting as possible. You may feel the need to smudge, to utilize aromatherapy or other personal sacred rituals to cleanse your environment. Invoke a feeling of love, safety, sanctuary and protection with deep feeling and sincerity. Connect to whatever aspect of All That Is that you relate to, with whatever methods feel right for you. The more you put into the process, the more will be returned to you.

Use the highest quality CD player that you have, the better the sound system, the more expansive the sounds you hear will be. You want the sounds to reflect from the acoustic space of the entire room, surrounding you in a powerful vibrational matrix, so during your sessions you will want to turn the volume up. This is not to say that you should never explore with headphones, as the movement of the sound fields within your headspace adds a different dimension to the experience. **In addition to hearing the music, it is very important to FEEL as deeply as you are able; let your physical body, down to the cellular level and up through the auric layers and beyond, blend with the sounds and joyfully dance to the resonant frequencies.** Let go, allowing your consciousness to travel on these waves of sound and energy patterns – learn how to become energetic and less physically focused. Let yourself be guided by your own inner knowingness, while also being mindful of where you are traveling. Ultimately you want to shift into Becoming the Music, moving into spontaneous out of body states learning how to shamanically journey through the many realms and worlds. Our AYD DVD Training Program will help you to learn various techniques that will assist you in learning how to do this.

In addition to listening with conscious awareness throughout the journey, you may also choose to let the music play in the background in the environments where you live, work and drive. As you become more aware of the subtleties of the matrix of the Universal Energy Field, you will be able to sense how the sounds create vibrational patterns in your living spaces. The soundscapes also have a profound and positive effect when played throughout the night while you are sleeping. They will enhance your dreams and enable you to begin consciously connecting with the higher astral planes. As you start to drift off to sleep, learn how to shamanically direct your flows of attention and set intentions for the nights journeys. As you gradually shift into a sleep state, you can activate lucid dreaming to further enhance the guidance you are seeking to assist you in your waking life.

How do these soundscapes assist me in my spiritual evolution?

What most people are doing now is taking classes/workshops, reading books in the subjects or areas in which they feel the most resonance to the work that they came here to do. With each new technique or area of study you learn, you then integrate and incorporate that into the tapestry that is becoming YOU. Each piece may fill you with new wisdom or knowledge, but there may be gaps in your life experience that may make full integration more challenging and time consuming. The soundscapes unveil more of the resonant field of potential that is You. Using sound/frequency as a bridge, they connect the neural pathways necessary so that you can assimilate these teachings on a higher level much more quickly. They do not impose any fixed dogma on you. They connect the dots for you so that you can complete the puzzle yourself. **The soundscapes are like a Tabula Rasa, a blank slate, which you fill up with whatever is unique to your special purpose and mission during this incarnation.**

The planetary shift is accelerating and will continue to do so with or without your active participation. These soundscapes are an initiatory process to shift the receptive listener's vibration into a resonant alignment with the frequencies now occurring as we move into the next dimensional spiral. We are simply giving you tools that you may choose to utilize to raise your vibrational level to be in alignment with the evolutionary current, rather than being burned out or swept away by it or feeling continually out of sync with the world around you. They will assist you to gradually and steadily sync yourself up with the 2012 alignment codes, enabling you to move through these timelines with more flow, ease and abundance in all areas of your life. As the 5th World/Heaven on Earth templates are being laid down in the greater

matrix of all life, you will notice day by day that you are always in alignment with these influxes of higher energy. These 4 soundscapes are building the multidimensional frequency maps to allow you to begin to gracefully explore these spaces; creating a smoother transition process. Even though many of you have been doing personal/spiritual growth for years and even lifetimes, there are still experiential gaps within each that need to be harmonized in order to fully attain balance. These soundscapes will illuminate these frequency bands for you so that you can work on the appropriate areas of your life in order to come to a balanced state of consciousness. For some this may be dietary changes, release work, emotional clearing, exercise, pastlife clearing, karmic release work, soul retrieval, more meditation or discipline in your spiritual practices, etc. — it will be different for each.

They will enhance any process that you are currently working on and provide you with a range of frequencies that will enable you to receive your own guidance on the directions you need to take in order to actualize your full potential. **This music is channeled from a place of pure intent and can be a multidimensional resource of evolutionary knowledge and wisdom.** Over time, one can learn how to tap into certain frequency bands and bring that information back into the 3D level of reality that is formed of language. The listener is invited to resonate with and surf the waves of sound to assimilate vistas of experience beyond the limitations of logical thought. Learning how to translate this information is a process of stepping down the transmission and translating it into language/words/thoughts which leads to tangible actions and ultimately a greatly enhanced manifestation process, which contains the abundance you are seeking.

How long do I work with them?

The great thing about these soundscapes is that they continually shift and change as you evolve. So that means you can listen to them for many years and still feel you are getting something from them. Your experiences with them will deepen over the years and at times, they will seem to release a whole new level of information as a result of the various work you are doing in your life and on your path. When you are ready to move on to the DNA L2 program, you will just get an inner prompting letting you know it is time. Even then, you can still always return back to the LevelOne series and engage with them.

Initially, we really suggest you take your time with each CD and go through them one at a time to fully integrate each soundscape. This can be a minimum of 7 times, but could easily be much longer. The idea is to feel that the sounds have harmonized within your

entire bio-energetic field and that your outer life also reflects this. It may bring up areas that need further work from you in many areas of your life. You may need to do some extensive detoxing and cleansing of the physical body to be able to take on the higher levels of Light energy. This will also require shifts in your diet and the release of any addictive patterns you may currently be engaged with. Your life may have toxic relationships that need to shift to a higher state of Love and Compassion. Your career path may be moving in a direction that is not in alignment with your higher path and purpose which may require you to change jobs or careers. You may also find that the location you are living in is not suitable to your new life path. **Once you agree to engage with the journey to really become all that you can become, your higher self will assist you in making all the necessary adjustments needed to align your life with that intent.** As they say, Be Careful what you Ask For.

This is a spiritual journey and does require dedication, perseverance and commitment to walk the path with integrity and impeccability. When one steps up into that place, they need to be prepared to review the life they have created thus far and take full responsibility for all those manifestations, which may be perceived bad as well as the good. You will come to know that a divine order has been overseeing all aspects of your lives with great Love through each of your lessons. It is important to continually work with some recapitulation techniques (offered in the book) as this will help you to continually move the energy as it emerges as opposed to having it get stuck or lodged in an old groove that is difficult to move out of. We usually recommend that one utilizes the appropriate counseling and guidance sessions along with this work. We also offer a DVD Training Program to assist you in building a strong spiritual foundation.

In addition, we offer various types of spiritual guidance services along with our work to help you to understand the various steps and stages that you go through on this journey. It is important that you know we are always here if you feel the need to connect.

While some of the initial clearing work may seem harsh or difficult at first, a greater knowing within you will keep you moving forward and you will truly understand the higher meaning of the guiding hand of Light. Because we have been through these stages already, we are always available to help you as you walk through the various doorways. The soundscapes are energetic breadcrumbs that we have sent you to pick up as needed. **Each of our offerings has been carefully crafted to allow you the most full spectrum engagement of the energy as is possible.**

It may be important at times to back off the soundscapes until you can integrate the information

and content that has been released. We have various other soundscapes in our catalog that are there to assist you. The DNA LevelOne series is a full sonic encyclopedia of a vast cosmic mystery school. Each of the other CDs is a book or chapter taken out of that set to expand upon those teachings.

Our Healing CD is a great place for beginners to start as it is loving and gentle. It guides you into deep spaces, but doesn't push the flow. This one is great to use at times when you feel you need a rest of a break, especially during times when the physical body needs to detox or purge. The Odyssey CD was designed to balance the chakras and expand the auric field to prepare you for the DNA Activation work. It is great to use anytime you start to feel really off balance

with the work. The Shamballa CD is for when you are connecting with the higher realms of ascended masters and want to connect with your guidance teams. ReJuva & Sanctuary are both from our Abundance series and will assist you in connecting and grounding with this energy. ReJuva works a lot on rejuvenating the body temple and touching you into your higher states of joy and playfulness, bringing out the happy creative child within the serious adult form. Sanctuary is a treasure of comfort and peace amidst a seemingly chaotic world. This soundscapes connects you with the elemental realms and assists you in building the bridges to the 5th world. Another one that is great when you feel you just need a place to rest and be still.

Some Testimonials from people who have been working with these soundscapes.....

I feel sure I could write a book on the changes in me and my world since I began working with the DNA soundscapes 4 years ago. The greatest gift is the awareness of intimate and loving presence as I make my way through my 3D experiences. Colors are more vivid - I feel more fitted in my body, and I have a level of joy not of this dimension! It is a gift from the Beloved to help us through the lessons we chose and is available to all. We are not alone. These frequencies come to awaken our inner compass and highest potential.

A Very Grateful Heart in the Blue Ridge.

—D.H., Asheville, NC

These magnificent DNA Soundscapes should have big red sticker on them, with the wording "WARNING: By Listening To These CD's You May Become Addicted To Eternal Bliss!". They have been a PROFOUND blessing in my life, and even though I have only been experiencing (it's far beyond listening) to the soundscapes for a month, I have already experienced DRAMATIC shifts in so many areas of my life. I simply can't thank you enough for these magnificent creations which offer 100 times more "bang for buck" when compared with any of the other powerful transformative tools that I've used in my 25 years on "the path". You could offer a 'LIFETIME money back guarantee' without EVER having to make a single refund. If you are reading this, save yourself the hassle and order all four CD's and the companion guide, as you will end up doing it anyway after your first session with CD 1.

G.C., Melbourne, Australia

These CD's are great. After a couple of weeks of listening, my wife, Cheryl, and I have found our interaction with planetary healing energies to be noticeably enhanced. I found the binder that accompanied the CD's to be absolutely mind blowing!! While I was reading the material, higher dimensional entities were sending me images of how it all works. I felt like Einstein on steroids - ha!!

— J.T.

I received DNA Activation CD #1 yesterday. I have experienced it twice. The first time I did not consciously make it all the way through, I believe I made it about half way before drifting off. The second time though last night at about 10pm, I experienced the whole piece.....whew! It is a masterpiece! I AM a lover of meditation and I have listened to many, many, many presentations to help the meditational process and I have never heard a bad one, in fact I have enjoyed every one of them for one reason or another....BUT....I have NEVER had one do what DNA#1 did for me last night! I AM still resonating with it! I wake early every morning (about 4:30) and do a walking meditation to start my day.....I was still feeling the effects of the program! Amazing! Magical! Incredible!

—M.W., Michigan - musician, singer

What I love about the Shapeshifter music is the epic sense of it. I tell people it sounds like a movie score of this HUGE epic. The cosmic story of life on planet Earth. Hidden in each one of us is the keys to unlocking the story.

KK, NC USA

I am really enjoying the Soundscapes which since I received them about 3 weeks ago I've playing each CD in chronological order as many times as possible for a week before moving on to the next one, just started CD 4 yesterday. They are truly wonderful and I can see what you mean about listening to them with INTENT rather than passively, unless you have them playing while doing other things round the house and/or sleeping. I can most definitely feel the shifts in my fields with a greater sense of lightness of being, energy flowing more freely, waves of warmth etc. Listening to them combined with my visualizations seems to be very powerful.

—J.

I have been listening to the DNA activation CDs daily, at least one CD while doing Reiki on myself and at least one if not four or more CDs while writing my book. I have found my thoughts much more clear and my connection to the Universal Love Energy exponentially stronger since investing in these CDs. Mere words cannot express the depth of my gratitude for the work that you are doing in this arena. These CDs are acting as a major enhancer of my complete evolution towards ascension, which I know to be the method of leaving this Earth that I am choosing for this lifetime as my Higher Self.

—K.

The CDs are working very well. I am meditating since about 20 years. I am a yoga practitioner and while using the CDs there is more light and relaxation on my sadanas. Among my experiences, I was doing my surya (SUN) exercise and suddenly I was involved in a very intense violet light so that I was filled with a tremendous amount of energy when starting the CD. I am more aware of dreams than before; I am using the CDs on night also. My light awareness during meditation is more as well as my awareness of the body and other realities. Sometimes I am transported through certain tunnels to what seems to be other realities, but I am not yet capable of keeping my vision for to much time there. I am in my third level and I am using the sound scapes in the working area house and meditations.

-Rafa

I feel that your CDs are helping bring 4-5-6 Dimensions into 3D in a conscious way.

—Tim

More Testimonials on our website.

For more Info:

The DNA Activation LevelOne Series includes 4 CDs (approx 50-55 minutes each) and comes with a 88 page coil-bound color printed book, titled DNA Activation, Volume 1 (Volume 2 in creation). The book elaborates in greater detail on the information in this introductory PDF. It covers more of the theories, principles and philosophies that Shape-shifter extrapolates from the Living Library of GAIA and beyond in order to bring forth this ground breaking work at this time in our planetary timeline. There is more info on their backgrounds in relation to bringing this work through, along with listening suggestions and ways for you to enhance your knowledge and experience with the soundscapes.



There is also a 2 DVD set called AYD (ActivateYourDNA) - Shamanic Journeys into the Multidimensional Timestream, which offers teachings and guided journeys that will assist you in developing a strong spiritual foundation as well as learning how to work with this type of music for optimal results.

The DNA L2 (Level Two) soundscapes are part of a year long program that you sign up for when you feel ready to move on to the next step on your journey.

For more info and to listen to sound files, visit

http://www.bodymindwisdom.com/product_conscious.html

You can order these products on-line or call our 888 number.

If you have any questions you would like to ask, don't hesitate to email or call for more info.



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DISCLAIMER: (for obvious reasons) The information offered should be considered spiritual in nature and not based in scientific fact. This type of guidance is not recognized to be truth by current medical or scientific models and should not replace your doctor's or other health care professional's opinions. You are ultimately responsible for the reality you experience and therefore create. This work is to be considered experimental and for adventurous explorers of consciousness.